

# Make Time for Me Schedule 2024-2025

Our “Make Time for Me” self-care sessions are designed to support your well-being. We offer in-person sessions in three counties and virtual options for your convenience.

All dates take place from 6:30 to 7:30 p.m.

	Date	Location	
July	7/22/24	Zoom	<a href="https://udel.zoom.us/j/94456877434">https://udel.zoom.us/j/94456877434</a>
	7/25/24	Georgetown Library	123 W. Pine Street, Georgetown
August	8/26/24	Zoom	<a href="https://udel.zoom.us/j/94456877434">https://udel.zoom.us/j/94456877434</a>
September	9/12/24	DIEEC	501 S. College Avenue Newark
	9/23/24	Zoom	<a href="https://udel.zoom.us/j/94456877434">https://udel.zoom.us/j/94456877434</a>
October	10/28/24	Zoom	<a href="https://udel.zoom.us/j/94456877434">https://udel.zoom.us/j/94456877434</a>
November	11/7/24	Dover Library	35 Lookerman Plz, Dover
	11/25/24	Zoom	<a href="https://udel.zoom.us/j/94456877434">https://udel.zoom.us/j/94456877434</a>
December	12/23/24	Zoom	<a href="https://udel.zoom.us/j/94456877434">https://udel.zoom.us/j/94456877434</a>
January	1/27/25	Zoom	<a href="https://udel.zoom.us/j/94456877434">https://udel.zoom.us/j/94456877434</a>
	1/29/25	Georgetown Library	123 W. Pine Street, Georgetown
February	2/24/25	Zoom	<a href="https://udel.zoom.us/j/94456877434">https://udel.zoom.us/j/94456877434</a>
March	3/13/25	DIEEC	501 S. College Avenue, Newark
	3/24/25	Zoom	<a href="https://udel.zoom.us/j/94456877434">https://udel.zoom.us/j/94456877434</a>
April	4/28/25	Zoom	<a href="https://udel.zoom.us/j/94456877434">https://udel.zoom.us/j/94456877434</a>
May	5/8/25	Dover Library	35 Lookerman Plz, Dover
	5/27/25	Zoom	<a href="https://udel.zoom.us/j/94456877434">https://udel.zoom.us/j/94456877434</a>
June	6/23/25	Zoom	<a href="https://udel.zoom.us/j/94456877434">https://udel.zoom.us/j/94456877434</a>