Excellence in Early Childhood

DIEEC Course Catalog
Updated June 2022

^{*}Disclaimer* Course availability, quality assured hours, and course descriptions may be updated. Please contact the DIEEC office, 302-831-3239, with any questions.

| 6 | Pillars of Characte | er Building for | School Age Ch | nildren | | | |
|----------------------------|---|------------------|---------------|----------|--|--|--|
| Hours | 2 | 2 | | | | | |
| Audience | School Age Professionals | | | | | | |
| Level | Introductory | | | | | | |
| Competencies | Social Emotional | Social Emotional | | | | | |
| Sponsoring Organization | Delaware Institute for Excellence in Early Childhood | | | | | | |
| Description | In our rapidly developing world, when our school agers graduate from high school, they will be entering careers that may not even exist yet! We must prepare them for the demands of the future by helping them build the character skills needed to be successful in a future job market. Participants will listen to a TedX speech on the importance of building character traits and the impact this will have on their development. Then listen to examples of how we can build these skills in our Before and After Care School-Age programs and create your own strategies to use with the children. This course is specifically for professionals who work with children in kindergarten and up! | | | | | | |
| ☐ Virtual | ✓ Self-Paced | ☐ In Person | ☐ Private | ☐ Onsite | | | |

| A C | onversation with I | Leadership: Pro | ogram Positivit | y PLUS | | | |
|-------------------------|---|--------------------|-----------------|----------|--|--|--|
| Hours | 10 | 10 | | | | | |
| Audience | Management/Administrate | ors | | | | | |
| Level | Intermediate | | | | | | |
| Competencies | Management & Administration | | | | | | |
| Sponsoring Organization | Delaware Institute for Excellence in Early Childhood | | | | | | |
| Description | This course is followed by small group coaching is for administration and those with leadership roles in the program. Join us for a conversation on how to cultivate positivity, wellness, and energy in the workplace where everyone (educators, support staff, children, families, and YOU) can thrive. Throughout the first three sessions, we will talk about essential characteristics of peaceful environments and brainstorm ways to create a healthy organizational climate in your program. Next, we will engage in two small group coaching sessions where we reflect on your experiences implementing a strategy you've learned. | | | | | | |
| √ Virtual | ☐ Self-Paced | ↓ In Person | ☐ Private | □ Onsite | | | |

| ABCDEs of CHILD Mental Health | | | | | |
|-------------------------------|--|-------------|-----------|----------|--|
| Hours | 2 | | | | |
| Audience | All ECE Professionals | | | | |
| Level | Introductory | | | | |
| Competencies | Social Emotional | | | | |
| Sponsoring Organization | Delaware Institute for Excellence in Early Childhood | | | | |
| Description | Children learn best in atmospheres of safety and trust, in spaces that give them strong emotional connections to other children and adults. The Climate of Healthy Interactions for Learning & Development (CHILD) tool from Yale University offers a perspective on the social and emotional climate of a program and provides specific strategies and tools that assess and support an atmosphere of mental health. This self-paced workshop serves as an introduction to the nine dimensions of the CHILD observational measure and is recommended as a foundation for taking workshops that focus on using the CHILD as a reflective and purposeful tool for educator development. THIS IS A VIRTUAL COURSE TO BE COMPLETED ON YOUR OWN SCHEDULE AND WILL NOT BE MEETING IN PERSON. Requirements for this course are the ability to access email to receive directions and internet access to view video(s) and complete a reflection form within 30 days of class date. | | | | |
| ☐ Virtual | Self-Paced | ☐ In Person | ☐ Private | ☐ Onsite | |

| | | essment for Acen Decision Ma | _ | | |
|----------------------------|---|------------------------------|-----------|----------|--|
| Hours | 10 | | | | |
| Audience | Administrators | | | | |
| Level | Advanced | | | | |
| Competencies | Observation and Assessment | | | | |
| Sponsoring Organization | Delaware Institute for Excellence in Early Childhood | | | | |
| Description | The Delaware Institute for Excellence in Early Childhood Professional Development Department is proud to introduce: Data Driven Decision Making, an advanced assessment course designed to build on prior assessment courses (recommended to take Polishing the Lens prior to enrollment). The role of Administrator could be the Program Director, Curriculum Coordinator, Family Childcare Owner/Provider, or Administrator. This workshop will address how administrators can identify multiple sources of data for use in supporting and developing sustainable programmatic goals, supporting teachers in their assessment practices and including families in the assessment process. | | | | |
| √ Virtual | ☐ Self-Paced | In Person | □ Private | □ Onsite | |

| Advanced Assessment for Teachers: Purposeful Planning (PLUS) | | | | | | |
|--|--|--------------------|-----------|----------|--|--|
| Hours | 6 | | | | | |
| Audience | All ECE Professionals | | | | | |
| Level | Advanced | | | | | |
| Competencies | Observation and Assessment | | | | | |
| Sponsoring Organization | Delaware Institute for Excellence in Early Childhood | | | | | |
| Description | This workshop is an advanced assessment course designed to build on prior assessment courses: Self-Paced Assessment 101 and Power of Practice. (Note that fully participating in these is necessary for complete understanding of the learning about using assessment data for planning). This workshop will address how teachers can collect, analyze, and interpret data to develop meaningful and purposeful plans to support groups of children and individual children. To enhance the process of formative assessment, teachers will learn strategies to analyze the quality of the data and develop strategies to also include multiple forms of data, as well as family and community input to guide planning practices. | | | | | |
| ↓ Virtual | ☐ Self-Paced | ▽ In Person | ☐ Private | □ Onsite | | |

| All In for STEM (PLUS) | | | | | | | |
|----------------------------|--|--|-----------|----------|--|--|--|
| Hours | 4 | 4 | | | | | |
| Audience | All ECE Professionals | All ECE Professionals | | | | | |
| Level | Intermediate | Intermediate | | | | | |
| Competencies | Environment & Curriculun | Environment & Curriculum | | | | | |
| Sponsoring Organization | Delaware Institute for Exc | Delaware Institute for Excellence in Early Childhood | | | | | |
| Description | STEM activities (Science, Technology, Engineering and Math) are best embedded in curriculum as engaging experiences and as accessible for children of all developmental abilities and levels. This workshop is a participatory and hands-on workshop that demonstrates how STEM can be a vital and integrated part of learning programs. | | | | | | |
| √ Virtual | ☐ Self-Paced | In Person | ☐ Private | □ Onsite | | | |

| | Assessment 101 | : Assessment f | or Positive Effe | ect | | | |
|----------------------------|--|---|--|---|--|--|--|
| Hours | 2 | 2 | | | | | |
| Audience | All ECE Professionals | | | | | | |
| Level | Introductory | | | | | | |
| Competencies | Observation and Assessment | | | | | | |
| Sponsoring Organization | Delaware Institute for Excellence in Early Childhood | | | | | | |
| Description | Assessment is a key founda understanding of the purpoindividualizing and sharing participants in understanding other assessment and obsequences. | ses and practices of asso information with stakehong various purposes of q | essment. How to use dat olders. This self-paced lea uality assessment and ca | a for planning, arning will guide an serve as support for | | | |
| ☐ Virtual | Self-Paced | ☐ In Person | ☐ Private | □ Onsite | | | |

| Atta | Attachment and Childhood Trauma: Community of Practice | | | | | | |
|----------------------------|--|--|-----------|----------|--|--|--|
| Hours | 2 | 2 | | | | | |
| Audience | All ECE Professionals | | | | | | |
| Level | Introductory | Introductory | | | | | |
| Competencies | Social Emotional | Social Emotional | | | | | |
| Sponsoring Organization | Delaware Institute for Exce | Delaware Institute for Excellence in Early Childhood | | | | | |
| Description | relationship with the adults were able to form safe and each participant will create | "I have an adult who cherishes me and keeps me safe" is the child's view of attachment or their relationship with the adults in their lives. Participants will listen to two true stories of how adults were able to form safe and secure attachments with children to help them overcome trauma. Then, each participant will create a plan to provide nurturing for 5 different areas of a child's needs - physical, safety, belonging, self-esteem, and cognitive. | | | | | |
| ☐ Virtual | Self-Paced | ☐ In Person | ☐ Private | □ Onsite | | | |

| | Authentic Community Engagement PLUS | | | | | |
|----------------------------|--|--|--|--|--|--|
| Hours | 5 | | | | | |
| Audience | All ECE Professionals | | | | | |
| Level | Intermediate | | | | | |
| Competencies | Family/Community | | | | | |
| Sponsoring Organization | Delaware Institute for Excellence in Early Childhood | | | | | |
| Description | Hear from Delaware Early Childhood programs about how they achieved fruitful and reciprocal relationships with community partners that built success for children, their families, and themselves! Gather real life tips and reflect on programs' guiding principles to take your own community engagement to the next level and even how to help ensure smooth transitions to kindergarten. | | | | | |
| ▽ Virtual | ☐ Self-Paced ☐ In Person ☐ Private ☐ Onsite | | | | | |

| | Building Future | Success in Scho | ool Age Childre | en | | | |
|----------------------------|---|--|-----------------|----------|--|--|--|
| Hours | 4 | 4 | | | | | |
| Audience | School Age Professionals | | | | | | |
| Level | Intermediate | Intermediate | | | | | |
| Competencies | Social Emotional | Social Emotional | | | | | |
| Sponsoring Organization | Delaware Institute for Exce | Delaware Institute for Excellence in Early Childhood | | | | | |
| Description | Building Future Success in School-age Children teaches school-age providers how to connect the Early Learning Foundation Skills developed beginning at infancy into building assets in school-age children. It will explain the benefit of building assets and how these assets later transition into the development of soft skills that people need in order to be employable in the future workforce. Participants will engage in discussions, hands-on activities and plan using backward design. | | | | | | |
| ✓ Virtual | ☐ Self-Paced | √ In Person | ☐ Private | □ Onsite | | | |

| CDA Professional Preparation Cohort | | | | | | |
|-------------------------------------|--|--|--|--|--|--|
| Hours | 16.5 | | | | | |
| Audience | All ECE Professionals | | | | | |
| Level | Introductory | | | | | |
| Competencies | Child Development | | | | | |
| Sponsoring Organization | Delaware Institute for Excellence in Early Childhood | | | | | |
| Description | Throughout the 6-month cohort you will be taken through the steps to prepare your CDA portfolio in the age group you selected. You will have two sessions a month on the first and third Wednesday. You will receive 18 quality assured hours if you attend all 12 sessions. | | | | | |
| ▽ Virtual | ☐ Self-Paced ☐ In Person ☐ Private ☐ Onsite | | | | | |

| | CDA Professional Portfolio Preparation Intake | | | | | |
|----------------------------|---|--|-----------|----------|--|--|
| Hours | 1.5 | 1.5 | | | | |
| Audience | All ECE Professionals | All ECE Professionals | | | | |
| Level | Introductory | Introductory | | | | |
| Competencies | Child Development | Child Development | | | | |
| Sponsoring Organization | Delaware Institute for Ex | Delaware Institute for Excellence in Early Childhood | | | | |
| Description | This course will outline the CDA process, the portfolio requirements and organization of materials. | | | | | |
| √ Virtual | ☐ Self-Paced | ↓ In Person | ☐ Private | □ Onsite | | |

| Ce | Center-Based Child Care: An Introduction to Designing an | | | | | |
|-------------------------|--|--------------|--|--|--|--|
| | Operating Budget | | | | | |
| Hours | 2 | | | | | |
| Audience | ECE Administrators/Owners | | | | | |
| Level | Introductory | Introductory | | | | |
| Competencies | Management & Administration | | | | | |
| Sponsoring Organization | Delaware Institute for Excellence in Early Childhood | | | | | |
| Description | iption This self-paced module is for Center-Based Programs or Large Family Child Care that exists outside of the owner's home. It is important to understand your program's financial picture. Being intentional to your fiscal management will support reaching program goals and measuring the success of your business. This starts with designing an operating budget to know your income and spending. Ensuring that you are balancing the two and to help you make future decisions. | | | | | |
| ☐ Virtual | Self-Paced | □ Onsite | | | | |

| Child Assessment for Administrators: Polishing the Lens PLUS | | | | | | | |
|--|--|--|-----------|----------|--|--|--|
| Hours | TBD based on PLUS experie | TBD based on PLUS experience | | | | | |
| Audience | ECE Administrators/Curricu | ulum Coordinators | | | | | |
| Level | Intermediate | | | | | | |
| Competencies | Observation and Assessme | nt | | | | | |
| Sponsoring Organization | Delaware Institute for Exce | Delaware Institute for Excellence in Early Childhood | | | | | |
| Description | "Child Assessment for Administrators: Polishing the Lens" professional development event is the first of three assessment modules that are designed to support administrators' understanding of the comprehensive assessment system, and its relationship to children's learning. This module, Part One, focuses on an overview of the types and purposes of assessment and the four parts of the assessment cycle. The series pays particular attention to the way in which administrators can guide and support teachers' understanding and use of child assessment as part of their instructional practice. *Classroom teachers and FCC Providers should take "Child Assessment for Teachers: The Power of Practice.* | | | | | | |
| ▽ Virtual | ☐ Self-Paced | 🔽 In Person | □ Private | □ Onsite | | | |

| Child Assessment for Teachers: The Power of Practice | | | | | | | |
|---|---|--|--|--|--|--|--|
| Hours | Varies | Varies | | | | | |
| Audience | All ECE Professionals | | | | | | |
| Level | Intermediate | | | | | | |
| Competencies | Observation and Assessme | nt | | | | | |
| Sponsoring Organization | Delaware Institute for Exce | Delaware Institute for Excellence in Early Childhood | | | | | |
| Description | Child Assessment for Teachers: The Power of Practice professional development event is the first of three assessment modules that are designed to support teachers' and family child care providers' understanding of the comprehensive assessment system, and its relationship to children's learning. This module, Part One, focuses on an overview of the types and purposes of assessment and the four parts of the assessment cycle. The series pays particular attention to the practice of observation and planning and the understanding and use of child assessment as part of instructional practice. | | | | | | |
| √ Z Virtual | ☐ Self-Paced | · | | | | | |

| Child Development (Start Here) | | | | | |
|--------------------------------|---|--|--|--|--|
| Hours | 6 | | | | |
| Audience | Relative Care Provides | | | | |
| Level | Introductory | | | | |
| Competencies | Child Development | | | | |
| Sponsoring Organization | Delaware Institute for Excellence in Early Childhood | | | | |
| Description | This workshop provides an overview of the theories and developmental sequences of children's growth. Participants are given opportunities to examine how stages of development impact decisions about teaching and appropriate, supportive interactions and activities. They learn about children's physical, cognitive, language, social, and emotional development – being provided with an overview of each area of development and information about typical patterns of development. | | | | |
| ☐ Virtual | ☐ Self-Paced ☐ In Person ☐ Private ☐ Onsite | | | | |

| | Community Resources in Early Care | | | | | |
|----------------------------|---|--|-----------|----------|--|--|
| Hours | | | | | | |
| Audience | All ECE Professionals | | | | | |
| Level | Introductory | | | | | |
| Competencies | Family/Community | Family/Community | | | | |
| Sponsoring Organization | Delaware Institute for Exce | Delaware Institute for Excellence in Early Childhood | | | | |
| Description | This self-paced professional development provides an overview of a variety of types of community resources that we can make available to our families. You will watch a webinar that will provide an overview of each type of resource and then answer follow up reflection questions. A list of community resources as well as a blank community inventory will be available for you to click and print for use with your program. You may also find additional resources that you want to add to this list. | | | | | |
| □ Virtual | Self-Paced | ☐ In Person | ☐ Private | □ Onsite | | |

| Conne | cting with Children Through Their Love Language (PLUS) | | | | | |
|----------------------------|---|--|--|--|--|--|
| Hours | 2 | | | | | |
| Audience | All ECE Professionals | | | | | |
| Level | Introductory | | | | | |
| Competencies | Social Emotional | | | | | |
| Sponsoring Organization | Delaware Institute for Excellence in Early Childhood | | | | | |
| Description | Knowing a child's love language can help you foster a relationship with a child that helps them know they are loved. If you do not understand how a child best gives and receives love you may leave a child wondering if they are truly loved. During this workshop, you will explore 5 love languages: Words of Affirmation, Quality Time, Receiving Gifts, Acts of Service and Physical Touch. You will explore ways to determine a child's primary love language as well as your own love language. You will explore ways to reach children in a manner that best meets their needs. Finally, you will learn tools to work with children who speak the same love language or a different love language than your own. | | | | | |
| ∀ Virtual | ☐ Self-Paced ☐ In Person ☐ Private ☐ Onsite | | | | | |

| Creati | Creating a cost-effective outdoor learning environment for FCC | | | | | |
|----------------------------|--|--|--|--|--|--|
| | Educators | | | | | |
| Hours | 3 | | | | | |
| Audience | FCC/LFCC Professionals | | | | | |
| Level | Introductory | | | | | |
| Competencies | Environment & Curriculum | | | | | |
| Sponsoring Organization | Delaware Institute for Excellence in Early Childhood | | | | | |
| Description | Description Are you interested in adding an outdoor learning environment to your family childcare program? During this FCC-focused PLE, we will discover the benefits of an outdoor learning environment, discuss working through space limitations, and share budget friendly ways to start outdoor learning | | | | | |
| √ Virtual | ☐ Self-Paced ☐ In Person ☐ Private ☐ Onsite | | | | | |

| | Creating a Positive Classroom Climate | | | | | | |
|----------------------------|---|--|-----------|----------|--|--|--|
| Hours | 2 | 2 | | | | | |
| Audience | All ECE Professionals | | | | | | |
| Level | Introductory | | | | | | |
| Competencies | Child Development | Child Development | | | | | |
| Sponsoring Organization | Delaware Institute for Exce | Delaware Institute for Excellence in Early Childhood | | | | | |
| Description | This self-paced professional development is based on research from the Teachstone CLASS program. CLASS uses research-driven insights to improve teacher interactions. Having a supportive, structured and engaging classroom experience will create a positive climate in your environment. When the atmosphere in your program is positive, children want to be present, learn and engage. They build connections and social skills that carry throughout their educational journey. | | | | | | |
| ☐ Virtual | √ Self-Paced | ☐ In Person | ☐ Private | □ Onsite | | | |

| Crisis | to Calm - Using Co | ommunication | and Curricului | m (PLUS) | | |
|----------------------------|--|--|----------------|----------|--|--|
| Hours | 4 | 4 | | | | |
| Audience | All ECE Professionals | | | | | |
| Level | Introductory | Introductory | | | | |
| Competencies | Social Emotional | | | | | |
| Sponsoring Organization | Delaware Institute for Exce | Delaware Institute for Excellence in Early Childhood | | | | |
| Description | Early childhood educators play a critical role and are likely to provide support for many young children impacted by a crisis event. Participants will learn about principles of communicating with children about scary or difficult events such as COVID-19. Participants will also explore ways to support children during a crisis through play, music, art and read-alouds. 1 is VIRTUAL and session 2 is IN PERSON | | | | | |
| ✓ Virtual | ☐ Self-Paced | ✓ In Person | ☐ Private | □ Onsite | | |

| | Culturally Responsive Teaching (PLUS) | | | | | |
|----------------------------|--|--|-----------|-----------------------|--|--|
| Hours | 4 | | | | | |
| Audience | All ECE Professionals | | | | | |
| Level | Intermediate | | | | | |
| Competencies | Professionalism | | | | | |
| Sponsoring Organization | Delaware Institute for Excellence in Early Childhood | | | | | |
| Description | Zaretta Hammond discusses culturally responsive teaching as helping children "get their brains on fire" as essential to closing the achievement gap. She believes that children should be the leaders of their own learning, and that knowing HOW to learn, having the curiosity to learn will be important to them in order to reach life goals. For this course, participants will watch a video where she explores how we can do that and why it is so important. In another clip "Exploring Culture and Emotions," enjoy both a story of one school and how they appreciate the cultural differences; and examine a study focusing on culture, emotions, and books. After the videos, participants complete and submit a reflection sheet to receive credit for participation. | | | | | |
| √ Virtual | ☐ Self-Paced | | ☐ Private | Onsite Type text here | | |

| | Developing Relationships, Developing Brains: Infants and Toddlers PLUS | | | | | |
|----------------------------|--|--------------|---------------------------|-----------|----------|--|
| Hours | 5 | | | | | |
| Audience | Infant/Toddler | Professiona | ls & FCC Professionals | | | |
| Level | Intermediate | Intermediate | | | | |
| Competencies | Child Developn | nent | | | | |
| Sponsoring Organization | Delaware Instit | ute for Exce | ellence in Early Childhoo | d | | |
| Description | Developing a close and secure connection is one of the most important jobs infant and toddler caregivers and educators have. The first three years of life is a period of rapid and significant brain growth. Strong caregiver-infant relationships and responsive interactions shape the brain, supports social development, and promotes lifelong psychological and emotional functioning. Let's explore the connection between relationships and brain development today so you can build stronger caregiver-infant relationships tomorrow! | | | | | |
| √ Virtual | ☐ Self-F | Paced | ✓ In Person | ☐ Private | □ Onsite | |

| | Developing Your Mission Statement | | | | | | |
|----------------------------|---|--|-----------|----------|--|--|--|
| Hours | 2 | 2 | | | | | |
| Audience | All ECE Professionals | | | | | | |
| Level | Introductory | Introductory | | | | | |
| Competencies | Management & Administration | Management & Administration | | | | | |
| Sponsoring Organization | Delaware Institute for Excellence | Delaware Institute for Excellence in Early Childhood | | | | | |
| Description | This reflective experience, exploring the core values that drive you and identifying the features of your programs and the benefits they bring to your families, children, and staff. You will consider how these two pieces of information connect and drive your program to design a final mission statement. | | | | | | |
| ☐ Virtual | ✓ Self-Paced □ | In Person | ☐ Private | ☐ Onsite | | | |

| | Differences Ma | atter: The Dive | rsity of Gende | er |
|----------------------------|---|--|----------------|----|
| | in the Early | Childhood Pro | gram (PLUS) | |
| Hours | 4 | | | |
| Audience | All ECE Professionals | | | |
| Level | Intermediate | Intermediate | | |
| Competencies | Child Development | Child Development | | |
| Sponsoring Organization | Delaware Institute for Exce | Delaware Institute for Excellence in Early Childhood | | |
| Description | Gender and biology matter in the development of children. Expanding our views of learning and environments that welcome and support is more important than ever. This workshop explores deeply the effects of Gender and evaluates how to support children in effective engagement with the "third teacher", the classroom, by examining strategies that ensure that all children find a safe place to learn, to explore and to discover their own sense of self and community. | | | |
| ↓ Virtual | ☐ Self-Paced ☐ Private ☐ Onsite | | | |

| | Engaging Families Virtually PLUS | | |
|-------------------------|---|--|--|
| Hours | 3 | | |
| Audience | All ECE Professionals | | |
| Level | Introductory | | |
| Competencies | Family/Community | | |
| Sponsoring Organization | Delaware Institute for Excellence in Early Childhood | | |
| Description | Since the emergence of the Covid-19 pandemic, we all have been overwhelmed by unending questions. Some may include: How do you bring families into the classroom when you literally can't bring families into the classroom? How do you support children and families in their homes when you can't be in their homes? Let's engage families in new and creative ways and create positive places for children to learn and develop both in the classroom and at home! | | |
| √ Virtual | ☐ Self-Paced ☐ In Person ☐ Private ☐ Onsite | | |

| | Engaging Fathers | | | |
|----------------------------|---|------------------|-----------|----------|
| Hours | 2 | 2 | | |
| Audience | All ECE Professionals | | | |
| Level | Introductory | | | |
| Competencies | Family/Community | Family/Community | | |
| Sponsoring Organization | Delaware Institute for Excellence in Early Childhood | | | |
| Description | Family involvement is essential to helping all preschool children prepare academically for kindergarten and beyond and fathers play a vital role in their child's development. In this workshop, you will explore the benefits of engaging fathers as well as mothers in your program. After completing this self-paced workshop, participants will be able to: Describe the effect of a father's engagement on children's well-being and development. Develop ideas to incorporate behaviors common to dads into your own teaching practice. Describe characteristics of program events that are appealing to fathers or father figures. | | | |
| □ Virtual | ▽ Self-Paced | ☐ In Person | ☐ Private | ☐ Onsite |

| | Equity As Professional Practice | | | |
|----------------------------|--|--|-----------|----------|
| Hours | 3 | 3 | | |
| Audience | All ECE Professionals | | | |
| Level | Introductory | | | |
| Competencies | Professionalism | | | |
| Sponsoring Organization | Delaware Institute for Exce | Delaware Institute for Excellence in Early Childhood | | |
| Description | All children have the right to equitable learning opportunities that enable them to achieve their full potential as engaged learners and valued members of society. This is the Position from NAEYC and is the basis for this hybrid PLE. As a professional, the information in this workshop gives opportunities to be reflective and thoughtful about an equitable mindset and practices that support the position. *When thinking about this topic, not only do we want this to be a safe space-but also, a brave space. One in which we see ourselves approaching this topic with the best intentions and free of judgment or blame. | | | |
| Virtual | Self-Paced | ☐ In Person | ☐ Private | □ Onsite |

| | Every Day Math PLUS | | |
|----------------------------|--|--|--|
| Hours | 10 | | |
| Audience | All ECE Professionals | | |
| Level | Intermediate | | |
| Competencies | Environment & Curriculum | | |
| Sponsoring Organization | Delaware Institute for Excellence in Early Childhood | | |
| Description | Preschoolers aren't ready for times tables or worksheets but that doesn't mean they can't explore math concepts and develop mathematical skills. Young children are natural mathematicians! Let's discover how to strengthen their natural abilities and stimulate their minds through the power of play, effective skill-building experiences, and using "math talk" in everyday experiences. | | |
| ▽ Virtual | ☐ Self-Paced ☐ In Person ☐ Private ☐ Onsite | | |

| | Explore STEAM v | with Making an | d Tinkering PL | US |
|----------------------------|--|--|----------------|----------|
| Hours | 5 | 5 | | |
| Audience | All ECE Professionals | | | |
| Level | Intermediate | Intermediate | | |
| Competencies | Environment & Curriculur | Environment & Curriculum | | |
| Sponsoring Organization | Delaware Institute for Exc | Delaware Institute for Excellence in Early Childhood | | |
| Description | Develop and enhance your knowledge of STEAM (Science, Technology, Engineering, Art & Math) learning in Early Childhood | | | |
| ↓ Virtual | ☐ Self-Paced | □ In Person | ☐ Private | □ Onsite |

| Ехр | ress Yourself- Expl | oring How Cre Learning | ative Expression | on Enhances |
|----------------------------|---|--|------------------|-------------|
| Hours | 2 | | | |
| Audience | All ECE Professionals | | | |
| Level | Introductory | Introductory | | |
| Competencies | Environment & Curriculum | Environment & Curriculum | | |
| Sponsoring Organization | Delaware Institute for Exce | Delaware Institute for Excellence in Early Childhood | | |
| Description | Creative expression includes the areas of visual arts, music, movement/dance, and dramatic play. Nourishing children's creativity is an essential component in children's early learning experiences. Children's learning in all domains is enriched by integrating creative expression with the other areas of the curriculum. This workshop will focus on several creative expression subdomains and opportunities for children to express feelings through each of them. | | | |
| ☐ Virtual | Self-Paced | ☐ In Person | ☐ Private | □ Onsite |

| | Family Child C An Introduction to | are/Large Fam Designing an | • | get |
|----------------------------|---|--|-----------|----------|
| Hours | 2 | | | |
| Audience | FCC/LFCC Professionals | | | |
| Level | Introductory | Introductory | | |
| Competencies | Management & Administra | Management & Administration | | |
| Sponsoring Organization | Delaware Institute for Exce | Delaware Institute for Excellence in Early Childhood | | |
| Description | This self-paced module is for Family Child Care providers or Large Family Child Care that exists within the owner's home. It is important to understand your program's financial picture. Being intentional to your fiscal management will support reaching program goals and measuring the success of your business. This starts with designing an operating budget to know your income and spending. Ensuring that you are balancing the two and to help you make future decisions. | | | |
| ☐ Virtual | ✓ Self-Paced | ☐ In Person | ☐ Private | □ Onsite |

| FLIP It! | Flipping the Challenging Behavior for School Age Staff PLUS | | |
|-------------------------|--|--|--|
| Hours | 8 | | |
| Audience | School Age Professionals | | |
| Level | Intermediate | | |
| Competencies | Social Emotional | | |
| Sponsoring Organization | Delaware Institute for Excellence in Early Childhood | | |
| Description | School Age staff will learn and practice a four-step process for children to identify feelings, learn healthy limits, learn self-control and choose socially responsible actions. Participants will learn how to respond positively to everyday challenging behaviors in children 5-8+ years of age. | | |
| √ Virtual | ☐ Self-Paced ☐ Private | | |

| | Flip It! Flipping the Challenging Behavior PLUS | | | |
|----------------------------|---|--|--|--|
| Hours | 10 | | | |
| Audience | All ECE Professionals | | | |
| Level | Intermediate | | | |
| Competencies | Social Emotional | | | |
| Sponsoring Organization | Delaware Institute for Excellence in Early Childhood | | | |
| Description | Participants will learn and practice a four step process for children to identify feelings, learn healthy limits, learn self-control and choose socially responsible actions. Participants will learn how to respond positively to everyday challenging behaviors in children 3-8 years of age. | | | |
| √ Z Virtual | ☐ Self-Paced ☐ In Person ☐ Private ☐ Onsite | | | |

| Giving Ca | re to the Caregiver for Family Chi | ild Care Profes | sionals-PLUS | |
|----------------------------|--|--|--------------|--|
| Hours | 5 | | | |
| Audience | FCC/LFCC Professionals | | | |
| Level | Introductory | Introductory | | |
| Competencies | Social Emotional | | | |
| Sponsoring Organization | Delaware Institute for Excellence in Early Childhood | Delaware Institute for Excellence in Early Childhood | | |
| Description | "Compassion Fatigue in Family Child Care Professionals is real, but the effects are inevitable. Finding new ways to construct meaning about work, about taking care of ourselves, creating new habits is part of the answer to fatigue. The other part is changing our thinking. In this workshop, we will look at new ways to think about our work, interact with others and include ourselves in our day. The ultimate goal is to realize it is about us, the children AND families. | | | |
| √ Virtual | ☐ Self-Paced | □ Private | □ Onsite | |

| Gi | ving Care to the Caregiver: Recognizing Compassion | | |
|-------------------------|--|--|--|
| | Fatigue and How to Plan for Balance | | |
| Hours | 4 | | |
| Audience | All ECE Professionals | | |
| Level | Introductory | | |
| Competencies | Professionalism | | |
| Sponsoring Organization | Delaware Institute for Excellence in Early Childhood | | |
| Description | Compassion Fatigue in Caregivers is real, but the effects are not inevitable. Finding new ways to construct meaning about work, about care of ourselves, and creating new habits is part of the answer to fatigue. The other part is changing our thinking. In this workshop we will look at new ways to think about our work, interact with others and include ourselves in our day. The ultimate goal is to realize it is about us, the children AND families. | | |
| ▽ Virtual | ☐ Self-Paced ☐ In Person ☐ Private ☐ Onsite | | |

| | Helping School Age Children Reboot Their Brain PLUS | | | | |
|----------------------------|---|---|----------|--|--|
| Hours | 3 | 3 | | | |
| Audience | Sc | hool Age Professionals | | | |
| Level | Int | troductory | | | |
| Competencies | Не | Health & Safety | | | |
| Sponsoring Organization | De | Delaware Institute for Excellence in Early Childhood | | | |
| Description | chil rea retu sup to s | This module is designed to help educators promote resiliency and self-regulation skills in school age children. We will learn how to recognize and understand the different types of stress and stress reactions in children. Stress occurs before they reach our programs in the morning and prior to returning to our programs in the afternoon. We can build a positive classroom climate by supporting children's needs to reset and understand their own emotional needs. We will learn how to support a child in building a toolbox of strategies to help reset their mindset and continue their day successfully and productively. | | | |
| ▽ Virtual | I □ Self-Paced □ In Person □ Private □ Onsite | | ☐ Onsite | | |

| Implementing Early Learning Foundations (ELF) | | | | |
|---|---|-----------------------|-----------|----------|
| Hours | 3 | | | |
| Audience | All ECE Professionals | All ECE Professionals | | |
| Level | Introductory | Introductory | | |
| Competencies | Environment & Curriculum | | | |
| Sponsoring Organization | Delaware Institute for Excellence in Early Childhood | | | |
| Description | This workshop introduces participants to the Delaware Early Learning Foundations. | | | |
| √ Virtual | ☐ Self-Paced | √ In Person | ☐ Private | □ Onsite |

| | Implementing Teaching Strategies Gold | | | |
|----------------------------|--|-----------------------|--|--|
| Hours | 6 | | | |
| Audience | All ECE Professionals | All ECE Professionals | | |
| Level | Intermediate | | | |
| Competencies | Observation and Assessment | | | |
| Sponsoring Organization | Delaware Institute for Excellence in Early Childhood | | | |
| Description | This workshop teaches participants to use the TS Gold, a validated and reliable observational system. This assessment tool is an ongoing and authentic way to assess children, birth through kindergarten including children with special needs. Part of this workshop guides participants using the online Teaching Strategies GOLD system. | | | |
| Virtual | ☐ Self-Paced | | | |

| Integrati | ng the Early Learni | ing Foundation | n (ELF's) & Dail | y Experience |
|----------------------------|---|--|------------------|--------------|
| Hours | 3 | 3 | | |
| Audience | All ECE Professionals | | | |
| Level | Introductory | | | |
| Competencies | Environment & Curriculum | Environment & Curriculum | | |
| Sponsoring Organization | Delaware Institute for Exce | Delaware Institute for Excellence in Early Childhood | | |
| Description | incorporated the ELFs into p planning process and use re meeting goals, and assess pl | For those who have taken Implementing the Early Learning Foundations workshop, who have incorporated the ELFs into planning and are familiar with them. Participants will walk through the planning process and use reflective practice as a way to consider long-term planning, setting and meeting goals, and assess plans that embed the ELFs into all areas of learning. Participants can expect to engage in evaluative and reflective practices, and to appraise activities for application into programs. | | |
| √ Virtual | ☐ Self-Paced | In Person | □ Private | □ Onsite |
| | | | | |

| | Introduction to Relative Care | | |
|----------------------------|--|--|--|
| Hours | 6 | | |
| Audience | Relative Care Providers | | |
| Level | Introductory | | |
| Competencies | Multi-Topic | | |
| Sponsoring Organization | Delaware Institute for Excellence in Early Childhood | | |
| Description | Relative Care providers face the challenges of safe environments and protecting children from harm as any childcare provider. This 6-hour course offers the providers an overview of many aspects of safety including safe sleep, creating and using emergency plans, transportation safety and the basics of child abuse and neglect. It is intended to create a foundation from which additional information may be accessed by resources discussed and shared in the courses. | | |
| ☐ Virtual | ☐ Self-Paced ☐ In Person ☐ Private ☐ Onsite | | |

| | Kindergarten Readiness PLUS | | |
|----------------------------|--|--|--|
| Hours | 4 | | |
| Audience | All ECE Professionals | | |
| Level | Intermediate | | |
| Competencies | Environment & Curriculum | | |
| Sponsoring Organization | Delaware Institute for Excellence in Early Childhood | | |
| Description | Kindergarten readiness is a hotly debated topic and remains an elusive concept. Yet there is data in Delaware that will support providers and programs in making informed decisions about planning that prepares children for school. In this workshop, participants will examine the data and its implications for planning, as well as characterize skills children will need in order to succeed. It includes information about the Delaware Kindergarten landscape as it exists now. | | |
| ↓ Virtual | ☐ Self-Paced ☐ In Person ☐ Private ☐ Onsite | | |

| | eadership: Promoting Safety, Trust, and Cooperation | | |
|----------------------------|---|--|--|
| Hours | 2 | | |
| Audience | Administrators/Owners | | |
| Level | Introductory | | |
| Competencies | Management & Administration | | |
| Sponsoring Organization | Delaware Institute for Excellence in Early Childhood | | |
| Description | Communication is one of the most important elements of being an effective leader. This self-paced workshop provides insight on why it's important to create a safe environment for employees and how to create this environment. It also focuses on giving supportive feedback to employees that helps deepen your rapport. There is even a tip sheet you can download and take with you! | | |
| □ Virtual | ✓ Self-Paced □ In Person □ Private □ Onsite | | |

| Maintaining Equity in Early Childhood: (Suspension & Expulsion | | | | |
|--|---|---------------------|-----------|----------|
| | | Prevention) | | |
| Hours | 3 | | | |
| Audience | All ECE Professionals | | | |
| Level | Introductory | | | |
| Competencies | Social Emotional | Social Emotional | | |
| Sponsoring Organization | Delaware Institute for Excellence in Early Childhood | | | |
| Description | Explore the underlying causes of the increasing suspension and expulsion rates in early childhood education and the plan to reduce these instances by implementing effective teaching strategies focused on relationships and environment. Participants will leave with practical strategies they can immediately use in their classrooms after being provided with concrete examples and examining various scenarios. This workshop is based on the foundations of the CSEFL pyramid - an "Effective Workforce", "Nurturing and Responsive Relationships', and "High Quality Supportive Environments'. | | | |
| □ Virtual | ☐ Self-Paced | In Person | □ Private | □ Onsite |

| | Mindfulness Intermediate PLUS | | | | |
|----------------------------|-------------------------------|---|--|--|----------|
| Hours | ТВ | TBD based on PLUS experience | | | |
| Audience | Al | All ECE Professionals | | | |
| Level | Int | Intermediate | | | |
| Competencies | Pr | Professionalism | | | |
| Sponsoring Organization | De | Delaware Institute for Excellence in Early Childhood | | | |
| Description | eve infl wo | As an intermediate workshop, this learning will support the incorporation of mindfulness into everyday practice of caring for yourself. It also touches on how the culture of mindfulness influences and becomes part of the work you do with children and families. As an intermediate level workshop, being familiar with and currently using some mindfulness practices will help to ensure success with the understanding of and application of the content and activities. | | | |
| √ Virtual | ' | ☐ Self-Paced ☐ In Person ☐ Private ☐ Onsite | | | □ Onsite |

| | Mindfulness: A Resilience Practice | | | |
|----------------------------|--|------------------|-----------|----------|
| Hours | | | | |
| Audience | All ECE Professionals | | | |
| Level | Introductory | | | |
| Competencies | Social Emotional | Social Emotional | | |
| Sponsoring Organization | Delaware Institute for Excellence in Early Childhood | | | |
| Description | "This module is a LIVE training and will encourage participants to take care of themselves by reducing stress and to optimize their effectiveness as early childhood educators. This captures the notion of teaching from the inside out—a phrase that highlights the importance of promoting core resilience skills among early childhood educators. Resilient educators are more capable of creating and maintaining nurturing, supportive, and effective learning environments while also prioritizing their own well-being." | | | |
| □ Virtual | ☐ Self-Paced | ☐ In Person | ☐ Private | □ Onsite |

| | Mission Statement for Your Family Child Care Program | | |
|----------------------------|--|--|--|
| Hours | 2 | | |
| Audience | FCC/LFCC Professionals | | |
| Level | Introductory | | |
| Competencies | Management & Administration | | |
| Sponsoring Organization | Delaware Institute for Excellence in Early Childhood | | |
| Description | This workshop will support family child care professionals to design a program mission statement using core values and focusing on the features and benefits of the family child care program. | | |
| □ Virtual | Self-Paced | | |

| N | Iulti-Age Nature-Based Learning for FCC Educators | | |
|----------------------------|---|--|--|
| Hours | 3 | | |
| Audience | FCC/LFCC Professionals | | |
| Level | Intermediate | | |
| Competencies | Environment & Curriculum | | |
| Sponsoring Organization | Delaware Institute for Excellence in Early Childhood | | |
| Description | Nature-based learning occurs in natural settings and where elements of nature have been brought into existing environments. This type of learning consistently shows increased engagement, imagination, and social skills. During this FCC-focused PLE, we will explore activities and strategies to engage and manage all ages of the children present in your care with strategic techniques for infants through school-age children. | | |
| ✓ Virtual | ☐ Self-Paced ☐ In Person ☐ Private ☐ Onsite | | |

| Outdoor Classrooms: Wonder, Explore, Learn | | | | | | |
|--|---|--------------------------|-----------|----------|--|--|
| Hours | 2 | | | | | |
| Audience | All ECE Professionals | | | | | |
| Level | Introductory | | | | | |
| Competencies | Environment & Curriculum | Environment & Curriculum | | | | |
| Sponsoring Organization | Delaware Institute for Excellence in Early Childhood | | | | | |
| Description | Research shows that spending time outdoors has a variety of benefits for children (and adults) ranging from social emotional to academic. In this workshop, participants will explore these benefits and learn about ways to use the outdoors as an extended classroom. Wondering how to get started? Videos featuring programs and teachers describe the process of shifting from primarily indoor classrooms to outdoor classrooms and highlight the positive impacts on development and learning. Participants will consider materials, learning experiences and centers to implement aspects of an outdoor classroom in their own programs. | | | | | |
| □ Virtual | ▼ Self-Paced | ☐ In Person | ☐ Private | □ Onsite | | |

| Parent Voice PLUS | | | | | | | |
|-------------------------|--|------------------|-----------|----------|--|--|--|
| Hours | 5 | | | | | | |
| Audience | All ECE Professionals | | | | | | |
| Level | Intermediate | Intermediate | | | | | |
| Competencies | Family/Community | Family/Community | | | | | |
| Sponsoring Organization | Delaware Institute for Excellence in Early Childhood | | | | | | |
| Description | You can gain so many insights from getting to know the families of the children in your care. Not only can you understand family dynamics, but you can learn about the goals they have for their children, create support systems, and collaborate. This partnership is absolutely essential for healthy child development. This workshop will explore family culture, struggles, and keys for successful family engagement. The best part: you will walk away with a framework for developing your own successful family event! | | | | | | |
| ▽ Virtual | ☐ Self-Paced | √ In Person | □ Private | □ Onsite | | | |

| Planning with Intention: Infants and Toddlers | | | | | | |
|---|---|--|--|--|--|--|
| Hours | 3 | | | | | |
| Audience | fant/Toddler Professionals & FCC Professionals | | | | | |
| Level | itermediate | | | | | |
| Competencies | Environment & Curriculum | | | | | |
| Sponsoring Organization | elaware Institute for Excellence in Early Childhood | | | | | |
| Description | Excellent infant/toddler teachers plan with a purpose: a deep understanding of why they choose the experiences, interactions, environment, and materials for the children in their care. In this workshop, you will develop a clear vision for your children's future and explore how intentional teaching practices, observation, and planning using backward design come together to bring that vision into reality. This workshop is designed for infant/toddler teachers, providers, home visitors, and those who support families with children 0-3. | | | | | |
| √ Virtual | ☐ Self-Paced ☐ In Person ☐ Private ☐ Onsite | | | | | |

| | Play for Deve | lopment and I | Learning PLUS | | | |
|----------------------------|---|---------------------------|---------------|----------|--|--|
| Hours | 10 | | | | | |
| Audience | All ECE Professionals | | | | | |
| Level | Intermediate | | | | | |
| Competencies | Environment & Curriculum | 1 | | | | |
| Sponsoring Organization | Delaware Institute for Exco | ellence in Early Childhoo | od | | | |
| Description | These small group coaching sessions follow the "Play for Development and Learning" workshop and help participants reflect, analyze, and grow their teaching practices related to play. Participants work with a coach to develop and identify steps to meet goals for their place practice. Short video clips of the participants taking steps to meet their goals will be viewed to identify the strengths of the teacher. This process will: create a positive classroom change by reflecting on individual teaching practices and strengths; help build relationships with a network of dedicated teachers and; make your good teaching practices even better! | | | | | |
| √ Virtual | ☐ Self-Paced | √ In Person | ☐ Private | □ Onsite | | |

| | Policies, Practices, Professionals Am | | • | | | |
|----------------------------|---|-------------------------|-----------|----------|--|--|
| Hours | 4 | | | | | |
| Audience | FCC/LFCC Professionals | | | | | |
| Level | Intermediate | Intermediate | | | | |
| Competencies | Professionalism | | | | | |
| Sponsoring Organization | Delaware Institute for Excel | lence in Early Childhoo | d | | | |
| Description | Family childcare professionals have faced many challenges and difficult decisions as a result of the COVID-19 pandemic. This workshop will provide an opportunity for family childcare professionals to reflect on the requirements, recommendations, and their own programs' needs related to the pandemic and provide strategies to support the consistent implementation of policies and practices | | | | | |
| ▽ Virtual | ☐ Self-Paced | √ In Person | ☐ Private | ☐ Onsite | | |

| | Preschool Ma | ath ideas Hidin | g in Plain Site | | | |
|----------------------------|--|--------------------------|-----------------|----------|--|--|
| Hours | 2 | | | | | |
| Audience | All ECE Professionals | | | | | |
| Level | Introductory | | | | | |
| Competencies | Environment & Curriculum | Environment & Curriculum | | | | |
| Sponsoring Organization | Delaware Institute for Excellence in Early Childhood | | | | | |
| Description | If you teach children ages 4 and up and are always looking for ways to improve how you teach math, this course is for you! In this self-paced virtual course, you will explore examples of books that support math learning, learn about mathematizing, and reflect on examples of how you can promote mathematical learning during daily activities and routines. Finally, analyze a video of a teacher leading a math activity and discover classroom management strategies that also support math learning. | | | | | |
| □ Virtual | Self-Paced | ☐ In Person | ☐ Private | □ Onsite | | |

| | • | ng for Infant To iving and Cont | | | | | |
|----------------------------|--|------------------------------------|---|--|--|--|--|
| Hours | 4 | 4 | | | | | |
| Audience | Infant/Toddler Professiona | ls & FCC Professionals | | | | | |
| Level | Intermediate | Intermediate | | | | | |
| Competencies | Management & Administra | ation | | | | | |
| Sponsoring Organization | Delaware Institute for Exce | ellence in Early Childhoo | d | | | | |
| Description | This workshop focuses on two of the six elements of quality care in the PITC (Program for Infant Toddler Care). The learning is shaped around understanding the two elements, how they are beneficial, and how to implement them in programs. The activities balanced information and application through reflection and planning. | | | | | | |
| ▽ Virtual | | | | | | | |

| Te | Promoting Socia aching tools for li | | | | | |
|----------------------------|---|---------------------------|-----------|-----------------|--|--|
| Hours | 10 | | | | | |
| Audience | All ECE Professionals | | | | | |
| Level | Intermediate | Intermediate | | | | |
| Competencies | Social Emotional | | | | | |
| Sponsoring Organization | Delaware Institute for Exc | ellence in Early Childhoo | d | | | |
| Description | Behavior is communication! Self-awareness, conflict resolution. Cooperation and resilience are tools that are critical to success in school, work, and life. Help your students become better citizens by learning how to intentionally teach these skills and coach children to use their tools through teachable moments. | | | | | |
| ↓ Virtual | ☐ Self-Paced | √ In Person | □ Private | ♥ Onsite | | |

| Relationsh | nip-based Care for Pr | Infants and To ofessionals-PL | | nily Child Care | |
|----------------------------|--|-------------------------------|-----------|-----------------|--|
| Hours | 5 | | | | |
| Audience | FCC/LFCC Professionals | | | | |
| Level | Introductory | | | | |
| Competencies | Social Emotional | | | | |
| Sponsoring Organization | Delaware Institute for Exce | ellence in Early Childhoo | d | | |
| Description | "Relationships are the heart of infant and toddler development. In the first of two workshop sessions, we will discuss the rapid development and learning that happens during this time period, explore the essential role of the family child care professional in infant/toddler curriculum, and learn how relationship-based care supports family child care professionals in their work with infants and toddlers. In the second session, we will examine the benefits and implementation of individualized and culturally responsive care in supporting infant/toddler development. This workshop is an excerpt of the Program for Infant/Toddler Care's "Six Essential Program Practices for Relationship-Based Care." | | | | |
| √ Virtual | ☐ Self-Paced | √ In Person | ☐ Private | ☐ Onsite | |

□ Onsite

Resilience: Mapping a Journey to Promote Social and Emotional **Competence (Replaces Creating Your Journey Together)** 12 **Hours Audience** All ECE Professionals Intermediate Level **Competencies** Multi-Topic **Sponsoring** Delaware Institute for Excellence in Early Childhood Organization Description Research shows that resilience (having the ability to overcome challenges) allows children and adults to develop a greater sense of self-esteem, develop cognitively and emotionally, and continue moving forward in life. It is key to bouncing back from trauma and difficulty. The four part series examines practices that reduce challenging behaviors in children by embedding self-regulation, initiative and attachment into the curriculum, recognizing and building these skills that enhance children's social and emotional health. There are supports for working with families, and developing collaboration, conflict resolution skills, and reflective practice. The overarching goal is resilient children, families and staff. This workshop was created through a collaboration with the Devereux Foundation (creators of FLIP It! and Your Journey Together).

In Person

☐ Private

| Risk Management in the Early Care Setting | | | | | | |
|---|--|--|--|--|--|--|
| Hours | 2 | | | | | |
| Audience | All ECE Professionals | | | | | |
| Level | Introductory | | | | | |
| Competencies | Management & Administration | | | | | |
| Sponsoring Organization | Delaware Institute for Excellence in Early Childhood | | | | | |
| Description | Risk management is all about being proactive instead of reactive. It is our job to anticipate situations that can lead to injury, suffering and significant expense and then taking steps to reduce the chance of those situations occurring. This self-paced workshop will go through the types of risk management needed to operate an early care program safely as well as steps to take to implement risk assessments. | | | | | |
| □ Virtual | ✓ Self-Paced □ In Person □ Private □ Onsite | | | | | |

∇ Virtual

☐ Self-Paced

| Re | ock Solid Foundat | tions: Enhancing | g Emotional Lit | eracy | | | |
|-------------------------|---|--|-----------------|----------|--|--|--|
| Hours | 3 | 3 | | | | | |
| Audience | All ECE Professionals | | | | | | |
| Level | Intermediate | | | | | | |
| Competencies | Social Emotional | Social Emotional | | | | | |
| Sponsoring Organization | Delaware Institute for Ex | Delaware Institute for Excellence in Early Childhood | | | | | |
| Description | This interactive training invites you to consider ways to promote the social and emotional competence of young children and prevent challenging behavior. This workshop will talk about shared experiences, acknowledging and labeling emotions, and letting children know that we see, hear, understand and accept their feelings. These are all major strategies that all caregivers can use to develop emotional literacy. | | | | | | |
| √ Virtual | ☐ Self-Paced | √ In Person | ☐ Private | □ Onsite | | | |

| | Rock Solid Foundations: Friendship and Play Skills | | | | | | |
|----------------------------|--|---------------------------|-----------|----------|--|--|--|
| Hours | 3 | 3 | | | | | |
| Audience | All ECE Professionals | | | | | | |
| Level | Intermediate | Intermediate | | | | | |
| Competencies | Social Emotional | Social Emotional | | | | | |
| Sponsoring Organization | Delaware Institute for Exce | ellence in Early Childhoo | d | | | | |
| Description | This interactive training invites you to consider ways to promote the social and emotional competence of young children and prevent challenging behavior. Those of us who provide care to young children and their families build our skills in carefully observing the social emotional cues provided to us by the children in order to respond to them with interactions that build responsive, nurturing relationships. | | | | | | |
| √ Virtual | ☐ Self-Paced | In Person | ☐ Private | ☐ Onsite | | | |

| So | chool Age: Building | g Community v | with Partner Sc | hools | | |
|----------------------------|--|---------------------------|-----------------|----------|--|--|
| Hours | 2 | | | | | |
| Audience | School Age Professionals | School Age Professionals | | | | |
| Level | Introductory | Introductory | | | | |
| Competencies | Professionalism | Professionalism | | | | |
| Sponsoring Organization | Delaware Institute for Exce | ellence in Early Childhoo | d | | | |
| Description | This self-paced professional development is designed to target early childhood programs that have a school-age component in or out of the center. The overarching theme of this professional development is building a community partnership with partner schools and involving the families in their child's successful school outcomes and building social-emotional competency. | | | | | |
| □ Virtual | √ Self-Paced | ☐ In Person | ☐ Private | □ Onsite | | |

| Self-Regulation and Play | | | | | |
|----------------------------|---|-------------|-----------|----------|--|
| Hours | 2 | | | | |
| Audience | All ECE Professionals | | | | |
| Level | Intermediate | | | | |
| Competencies | Social Emotional | | | | |
| Sponsoring Organization | Delaware Institute for Excellence in Early Childhood | | | | |
| Description | Self-control, working memory, and flexibility are skills that are constantly developing throughout our lives. These are also referred to as self-regulation and executive function skills. Deborah Leong explores the definition of these three skills, why they matter, their effects on learning and achievement as well as social skills, and tips on how to develop these skills in the classroom through play. In order to receive credit, participants must watch a lecture and fill out and return the reflection sheet. | | | | |
| ☐ Virtual | ▽ Self-Paced | ☐ In Person | ☐ Private | □ Onsite | |

| Sing, Dance & Stomp PLUS | | | | | | |
|----------------------------|---|---------------------------|-----------|----------|--|--|
| Hours | 4 | | | | | |
| Audience | All ECE Professionals | All ECE Professionals | | | | |
| Level | Introductory | Introductory | | | | |
| Competencies | Environment & Curriculum | Environment & Curriculum | | | | |
| Sponsoring Organization | Delaware Institute for Exce | ellence in Early Childhoo | d | | | |
| Description | Based on the Early Learning Foundations (Creative Expression Domain), this workshop invites you to sing, dance and stomp your way to bringing more music and movement into your class. Learn how to incorporate music and movement into transitions and everyday activities to make learning fun for you and your students! | | | | | |
| √ Virtual | ☐ Self-Paced | ▽ In Person | ☐ Private | ☐ Onsite | | |

| | STEAM: Tinkering to Making | | | | |
|----------------------------|---|--|--|--|--|
| Hours | 2 | | | | |
| Audience | All ECE Professionals | | | | |
| Level | Introductory | | | | |
| Competencies | Environment & Curriculum | | | | |
| Sponsoring Organization | Delaware Institute for Excellence in Early Childhood | | | | |
| Description | Often, the first experience a child has with STEAM education is through television. One example is Sesame Street. Sesame Street Strategically put STEAM education into their broadcast to support parent and child interactions with science. How did they do this? They used the beloved character Grover. As Early Childcare providers it is our job to foster children through the process of tinkering and making by leading children through the process of inquiry and observation. This education will create our future engineers and innovators. This class will provide ideas on how to foster this process in young children by using centers, makers spaces and literature. | | | | |
| ☐ Virtual | ✓ Self-Paced □ In Person □ Private □ Onsite | | | | |

Strengthening Business Practice: Fiscal Management PLUS: Pt1: Budget, Planning, Projection PT2: Financial Reports and Internal Controls - ECE, FCC, LFCC

| | for future goals. Part 2: Intro | oducing financial reports | s to help you better man | age your program's | | |
|-------------------------|--|-----------------------------|--------------------------|--------------------|--|--|
| Description | This workshop is part of the Strengthening Business Practices for Child Care Programs series, a business practice curriculum designed by The National Center on Early Childhood Quality Assurance. The content and activities are designed to strengthen providers' foundational knowledge of sound fiscal management and business operations. Part 1: In this module, participants will learn about building program budgets, understand how to project for future business costs and learn a process for building a budget and how to use it for decision-making throughout the year. Lastly, participants will also explore how to project business costs, generate additional income, and plan strategically for future goals. Part 2: Introducing financial reports to help you better manage your program's finances and learn the concept of internal controls and how they can help strengthen your fiscal | | | | | |
| Sponsoring Organization | Delaware Institute for Excellence in Early Childhood | | | | | |
| Competencies | Management & Administra | Management & Administration | | | | |
| Level | Intermediate | Intermediate | | | | |
| Audience | Management/Administrators/FCC/LFCC/Owners | | | | | |
| Hours | TBD based on PLUS experience | | | | | |

| Strengthe | ning Business Prac | tices: Marketi FCC, LFCC | ng Your Progra | m PLUS- ECE, | | |
|-------------------------|---|--|----------------|--------------|--|--|
| Hours | TBD based on PLUS experie | nce | | | | |
| Audience | Management/Administrato | Management/Administrators/FCC/LFCC/Owners | | | | |
| Level | Intermediate | | | | | |
| Competencies | Management & Administration | | | | | |
| Sponsoring Organization | Delaware Institute for Excel | Delaware Institute for Excellence in Early Childhood | | | | |
| Description | This workshop is part of the Strengthening Business Practices for Child Care Programs series, a business practice curriculum designed by The National Center on Early Childhood Quality Assurance. The content and activities are designed to strengthen providers' foundational knowledge of sound fiscal management and business operations. This module will focus on participants learning the value of marketing efforts that are focused both externally and internally. You will learn how to articulate the features and benefits of the program and understand how to use them as a marketing tool. Lastly, data will be explored on how to use it to inform marketing efforts in order to achieve greater success, become more cost effective, and use time more efficiently. | | | | | |
| Virtual | ☐ Self-Paced | In Person | ☐ Private | □ Onsite | | |

Strengthening Business Practices: Staff Recruitment and Retention for Center-Based Administrators and Large Family Child Care Providers PLUS

| Hours | TBD based on PLUS experience | | | | |
|----------------------------|--|--|--|--|--|
| Audience | Management/Administrators/FCC/LFCC/Owners | | | | |
| Level | Intermediate | | | | |
| Competencies | Management & Administration | | | | |
| Sponsoring Organization | Delaware Institute for Excellence in Early Childhood | | | | |
| Description | This workshop is part the Strengthening Business Practices for Child Care Programs series, a business practice curriculum designed by The National Center on Early Childhood Quality Assurance. The content and activities are designed to strengthen providers' foundational knowledge of sound fiscal management and business operations. This module will support program leadership to understand best practices related to recruiting, interviewing, and hiring new employees. This will be done through building an effective orientation plan for new employees, becoming familiar with the components of a staff handbook, and exploring strategies for providing feedback to employees. | | | | |
| ▽ Virtual | ☐ Self-Paced ☐ In Person ☐ Private ☐ Onsite | | | | |

| Stress and Resilience: Building Core Capabilities | | | | | | |
|---|--|--|-----------|----------|--|--|
| Hours | 2 | | | | | |
| Audience | All ECE Professionals | All ECE Professionals | | | | |
| Level | Introductory | Introductory | | | | |
| Competencies | Professionalism | | | | | |
| Sponsoring Organization | Delaware Institute for Exc | Delaware Institute for Excellence in Early Childhood | | | | |
| Description | Stress is real and it can be toxic. We can counter the toxic effects by focusing on what we can control and by building core capabilities. This workshop uses videos and an online game to show us how making the changes we can make offers a positive response to stress and creates stronger communities. | | | | | |
| ☐ Virtual | | ☐ In Person | ☐ Private | ☐ Onsite | | |

| | Stronger Tog | gether - Beliefs | and Values F | PLUS | | |
|----------------------------|--|--|---|---|--|--|
| Hours | 4 | | | | | |
| Audience | All ECE Professionals | | | | | |
| Level | Intermediate | Intermediate | | | | |
| Competencies | Family/Community | | | | | |
| Sponsoring Organization | Delaware Institute for Excellence in Early Childhood | | | | | |
| Description | We believe that forming par strong will lead to happy, he "Stronger Together" Profess attitudes, and practices to s these tailored learning and of understanding, support con PLE is the opportunity for fa where BOTH parties attend. families who feel supported future. In this pathway of "S experiences, education, and What influences your intera the journey of building under | ealthy, and resilient educational Learning Experience trengthen partnerships a coaching sessions, coachinections, and reflect on milies and educators to The end result? Educate and understood, and chartronger Together", we do I viewpoints do you have ctions? What influences | cators, children, familice (PLE) dives into atta among families and educators work es and educators work cultural responsivene reflect and connect sit ors who feel empower hildren who feel loved live into beliefs and value that drive your relat families' interactions | ies, and communities. The aining the knowledge, ducators. Throughout rk together to build ess. A cornerstone of this ide by side in a session red and empathetic, I and ready to take on their alues. What past ionships with families? | | |
| √ Virtual | ☐ Self-Paced | In Person | □ Private | ∇ Onsite | | |

| | Stronger Together- Getting to Know Your Families | | | | |
|----------------------------|--|--|--|--|--|
| Hours | 2 | | | | |
| Audience | All ECE Professionals | | | | |
| Level | Introductory | | | | |
| Competencies | Family/Community | | | | |
| Sponsoring Organization | Delaware Institute for Excellence in Early Childhood | | | | |
| Description | The goal of parent and family engagement is to build strong and effective partnerships with families that can help children and families thrive. In order to build those partnerships, we must first develop relationships with diverse families so that all families feel valued, heard, honored, connected, and successful. We start developing those relationships by listening and learning about the families. In this self-paced workshop you will learn about gathering information about families including hopes, strengths and limitations so that you may partner with them to reach their goals for their child. | | | | |
| Virtual | ✓ Self-Paced □ In Person □ Private ✓ Onsite | | | | |

| Stronger Together- Practices PLUS | | | | | |
|-----------------------------------|--|-----------|-----------------|--|--|
| Hours | 4 | | | | |
| Audience | All ECE Professionals | | | | |
| Level | Intermediate | | | | |
| Competencies | Family/Community | | | | |
| Sponsoring Organization | Delaware Institute for Excellence in Early Childhood | | | | |
| Description | Delaware Institute for Excellence in Early Childhood We believe that forming partnerships with families that are culturally responsive, positive, and strong will lead to happy, healthy, and resilient educators, children, families, and communities. The "Stronger Together" Professional Learning Experience (PLE) dives into attaining the knowledge, attitudes, and practices to strengthen partnerships among families and educators. Throughout these tailored learning and coaching sessions, coaches and educators work together to build understanding, support connections, and reflect on cultural responsiveness. A cornerstone of this PLE is the opportunity for families and educators to reflect and connect side by side in a session where BOTH parties attend. The end result? Educators who feel empowered and empathetic, families who feel supported and understood, and children who feel loved and ready to take on their future. | | | | |
| √ Virtual | ☐ Self-Paced | ☐ Private | ✓ Onsite | | |

| | 0 | rtual and Hybr Family Child Ca | G | | | |
|-------------------------|---|--|--|---|--|--|
| Hours | 1 | | | | | |
| Audience | All ECE Professionals | | | | | |
| Level | Introductory | Introductory | | | | |
| Competencies | Health & Safety | | | | | |
| Sponsoring Organization | Delaware Institute for Excellence in Early Childhood | | | | | |
| Description | Child care in a family prograsmall group of children alon in the program, another unienvironment, with the FCC preasons, it is important to cochild care program. In this sachedule that works for all collaborating with families are sources that are available | e, without the help of ar que quality of family chi provider caring for a grou onsider how to support v ession, we will cover the children, updating the ph and schools, managing pe | nother adult. In addition ld care is that it is almos up of children of a variet virtual and hybrid school following topics: how to hysical environment to m | to being the only adult t always a multi-age by of ages. For these l-age learning in a family maintain a daily neet all children's needs, | | |
| √ Virtual | ☐ Self-Paced | ☐ In Person | □ Private | ☐ Onsite | | |

| Teamwork Makes the Dream Work: Supporting Children's Goals in | | | | | | | |
|---|---|----------------|---------|----------|--|--|--|
| | Childcare & at Home | | | | | | |
| Hours | 6 | | | | | | |
| Audience | All ECE Professionals | | | | | | |
| Level | Intermediate | | | | | | |
| Competencies | Family/Community | | | | | | |
| Sponsoring Organization | Delaware Institute for Excellence in E | arly Childhood | | | | | |
| Description | Family child care providers and families have the same goal-to see their children succeed. Knowing this, developing strategies to collaborate and partner with families in support of children's development and learning is ideal. Join us to learn how to use child observations to generate learning goals and design learning plans that support individual children, as well as learn a way to partner with families, in-person and virtually, in support of these same goals. | | | | | | |
| √ Virtual | □ Self-Paced ✓ In | Person 🗆 | Private | □ Onsite | | | |

| The Basics: Maintaining Equity (Suspension & Expulsion Prevention) | | | | | | |
|--|---|--|-----------|----------|--|--|
| Hours | 1.5 | 1.5 | | | | |
| Audience | All ECE Professionals | | | | | |
| Level | Introductory | | | | | |
| Competencies | Social Emotional | Social Emotional | | | | |
| Sponsoring Organization | Delaware Institute for Exce | Delaware Institute for Excellence in Early Childhood | | | | |
| Description | This training does not count as the required training for DHSS, questions about this requirement should be directed to DHSS at 302.255.9611. This training is NOT the SUSPENSION & EXPULSION TRAINING required by DHSS. Explore the underlying causes of the increasing suspension and expulsion rates in early childhood education and the plan to reduce these instances by implementing effective teaching strategies focused on relationships and environment. This workshop is based on the foundations of the CSEFL pyramid - an "Effective Workforce", "Nurturing and Responsive Relationships', and "High Quality Supportive Environments". | | | | | |
| √ Virtual | ☐ Self-Paced | ↓ In Person | ☐ Private | ☐ Onsite | | |

| The Business of Early Childhood: Mission and Vision PLUS | | | | | | |
|--|---|--------------|----------|--|--|--|
| Hours | TBD based on PLUS experience | | | | | |
| Audience | ECE Administrators/Owners | | | | | |
| Level | Intermediate | Intermediate | | | | |
| Competencies | Management & Administration | | | | | |
| Sponsoring Organization | Delaware Institute for Excellence in Early | Childhood | | | | |
| Description | Your program's mission outlines "what" your program values while the vision sets a path for the future. This workshop will support program leaders to reflect on the core values of their program to build or update their program's mission statement and to reflect on the goals of the future to develop a vision. | | | | | |
| ↓ Virtual | ☐ Self-Paced ✓ In Pers | on 🗆 Private | ☐ Onsite | | | |

| | The Business of Early Childhood: Mission and Vision: The What, Why and How | | | | | |
|----------------------------|---|-------------------|-----------|----------|--|--|
| Hours | TBD based on PLUS experience | -, ₁ - | | | | |
| Audience | ECE Administrators/Owners | | | | | |
| Level | Intermediate | | | | | |
| Competencies | Management & Administration | | | | | |
| Sponsoring Organization | Delaware Institute for Excellence in Early Childhood | | | | | |
| Description | This workshop will support program leaders to design a program mission statement and program vision statement using core values and the focusing on the features and benefits of the program. | | | | | |
| ▽ Virtual | □ Self-Paced ▽ | In Person | ☐ Private | □ Onsite | | |

| The Business of Early Childhood: Your Purpose, Passion and Position as a Leader PLUS | | | | | |
|--|---|--------------------|-----------|----------|--|
| Hours | TBD based on PLUS expe | rience | | | |
| Audience | ECE Administrators/Own | ers | | | |
| Level | Intermediate | | | | |
| Competencies | Management & Administ | ration | | | |
| Sponsoring Organization | Delaware Institute for Excellence in Early Childhood | | | | |
| Description | As an early childhood program leader, you are the one with the most impact on the quality of your program. Creating a climate for quality starts with understanding yourself as a leader and possessing a vision for your leadership. Ask yourself, "Who am I? What do I do? Why do I do it?" This workshop explores your passion, purpose, and position as a leader in the business of early childhood. You will engage in self-reflection to harness your self-awareness and affirm your passion, explore your core values to determine your purpose, and develop your vision of leadership to strengthen your position as an early childhood leader. | | | | |
| ↓ Virtual | ☐ Self-Paced | √ In Person | ☐ Private | □ Onsite | |

| | The Business of Early Childhood: | | | | |
|-------------------------|--|---------------|-----------------------|-----------|--|
| Your Infl | uence, as a Leader, | in Creating a | Great Place to | Work PLUS | |
| Hours | 14 | | | | |
| Audience | ECE Administrators/Owners | | | | |
| Level | Intermediate | | | | |
| Competencies | Management & Administration | | | | |
| Sponsoring Organization | Delaware Institute for Excellence in Early Childhood | | | | |
| Description | - | | | | |
| ✓ Virtual | □ Self-Paced | ✓ In Person | ☐ Private | ☐ Onsite | |

| The | The Fundamentals of Individualized Education Plans (IEPs) | | | | | |
|----------------------------|---|--|---------|----------|--|--|
| Hours | 3 | | | | | |
| Audience | All ECE Professionals | | | | | |
| Level | Introductory | Introductory | | | | |
| Competencies | Environment & Curriculum | Environment & Curriculum | | | | |
| Sponsoring Organization | Delaware Institute for Excellence in Ea | Delaware Institute for Excellence in Early Childhood | | | | |
| Description | How do you feel when a child with an IEP enters your classroom? Do you know what to do if you think one of your students needs to be evaluated? Individualized Education Plan (IEPs) and their processes can be confusing. Learn about common language, the various components of an IEP, and your role as a teacher. | | | | | |
| ☐ Virtual | ☐ Self-Paced | erson | Private | □ Onsite | | |

| The Role of Play in Any Setting | | | | | | |
|---------------------------------|---|--|-----------|----------|--|--|
| Hours | 2 | | | | | |
| Audience | All ECE Professionals | | | | | |
| Level | Introductory | Introductory | | | | |
| Competencies | Environment & Curriculum | Environment & Curriculum | | | | |
| Sponsoring Organization | Delaware Institute for Exce | Delaware Institute for Excellence in Early Childhood | | | | |
| Description | Play is the way children learn. Play with imagination is a powerful tool for relieving stress and building resilience skills by providing opportunities to create nurturing relationships, strengthen core life skills and reduce stress. The use of videos and support documentation gives participants the guidance to plan dramatic play learning areas that provide children opportunities for meaningful play. | | | | | |
| ☐ Virtual | ✓ Self-Paced | ☐ In Person | ☐ Private | □ Onsite | | |

| | The Wonder of Outdoor Learning PLUS | | | | | |
|----------------------------|--|--|--|--|--|--|
| Hours | 10 | | | | | |
| Audience | All ECE Professionals | | | | | |
| Level | Intermediate | | | | | |
| Competencies | Environment & Curriculum | | | | | |
| Sponsoring Organization | Delaware Institute for Excellence in Early Childhood | | | | | |
| Description | When we recall our childhood, we imagine time spent outdoors: rope swinging over a creek, carving out waterways in wet sand, constructing forts, munching on fruit from Grandma's garden, bundling up for time spent in the deep snow, or even playing imaginary games in empty city lots. How can we create some of this same magic for children in our care? This workshop, with follow up small group coaching, explores real life experiences in developing innovative, engaging, extraordinary outdoor play areas for children. Learn how others have developed wonder, imagination, discovery through experiences with nature, art, sensory experience and more. | | | | | |
| ▽ Virtual | ☐ Self-Paced ☐ In Person ☐ Private ☐ Onsite | | | | | |

| Transitions: Emotions in Motion PLUS | | | | | | |
|---|---|--|-----------|----------|--|--|
| Hours | 5 | | | | | |
| Audience | All ECE Professionals | | | | | |
| Level | Intermediate | | | | | |
| Competencies | Child Development | Child Development | | | | |
| Sponsoring Organization | Delaware Institute for Exce | Delaware Institute for Excellence in Early Childhood | | | | |
| Description | Transitions for children involve more than moving from activity to activity. Even when changes are positive, switching focus and context can generate stress. It disrupts the sense of order and balance our brain desires. This workshop examines procedures and habits that support staff, children and families in seeing transitions as a natural part of daily life. The goal is to provide children with long-term skills for navigating changes and adjustments throughout the day. This course includes content from the CHILD tool. Requirements of this course: Ability to receive email. Ability to participate in Live Zoom sessions. Ability to download a file. | | | | | |
| √ Virtual | ☐ Self-Paced | ✓ In Person | ☐ Private | □ Onsite | | |

| Understanding Children's Behavior as Communication | | | | | |
|--|---|--|--|--|--|
| Hours | 3 | | | | |
| Audience | All ECE Professionals | | | | |
| Level | Introductory | | | | |
| Competencies | Social Emotional | | | | |
| Sponsoring Organization | Delaware Institute for Excellence in Early Childhood | | | | |
| Description | "This module focuses on ways that early childhood educators can partner with families to understand and respond to children's behavior as communication. This module is for educators working with children from birth to age 5." | | | | |
| ✓ Virtual | ☐ Self-Paced ☐ In Person ☐ Private ☐ Onsite | | | | |

| | Using Data to Imp | rove Teacher- | Child Interact | ions | | |
|----------------------------|---|---|--|--|--|--|
| Hours | 7 | | | | | |
| Audience | All ECE Professionals | | | | | |
| Level | Advanced | | | | | |
| Competencies | Environment & Curriculum | Environment & Curriculum | | | | |
| Sponsoring Organization | Delaware Institute for Exce | Delaware Institute for Excellence in Early Childhood | | | | |
| Description | All interactions that classroom and ultimately, how they fe (CLASS) is the leading quality measure and improve classroopportunity to have an obscindividual coaching sessions with the new information. | el about themselves. The y improvement system room interactions. This pervation by a trained CL | ne Classroom Assessmen for teaching. The CLASS professional learning ex ASS assessor and then e | nt Scoring System® Shelps you focus, Experience includes the Engage in four 1-hour | | |
| ▽ Virtual | ☐ Self-Paced | ✓ In Person | ☐ Private | □ Onsite | | |

| Using Responsive Care Techniques to Foster Social-Emotional Development | | | | |
|---|---|--------------------|-----------|----------|
| | | | | |
| Audience | All ECE Professionals | | | |
| Level | Intermediate | | | |
| Competencies | Social Emotional | | | |
| Sponsoring Organization | Delaware Institute for Excellence in Early Childhood | | | |
| Description | Children's social and emotional health affects their overall development and learning. Providers promote children's social and emotional health in many ways, this workshop will discuss ways to enhance the social-emotional development of the children in your care and provide techniques to continually build your everyday practices. | | | |
| √ Virtual | ☐ Self-Paced | √ In Person | ☐ Private | □ Onsite |